Skyline College Sports Medicine and the Golden State Warriors Basketball Team
Present the Second Annual

Sports Medicine Camp

Students or youth sports coaches interested in Athletic Training, Physical Therapy, Medicine, or other allied sports medicine professions may be interested in attending this camp. This camp is to introduce high school or community college students and/or youth sports coaches to basic techniques for the care and prevention of athletic injuries. (Registration priority will go to high school students if camp reaches limit of 30 participants) Participants will learn basic injury assessment techniques, basic taping and wrapping and proper stretching and strengthening techniques for prevention of injuries to athletes.

Staff: Jo Silken, ATC  Head Athletic Trainer Skyline College, USA Wrestling
Stacey Kofman  Head Athletic Trainer Palo Alto High School
Other staff TBA at a later date

Dates: Friday, July 20 to Sunday July 23, 2006

Times: Thursday, Friday, Saturday:  9:30 AM to 4:00 PM
       Sunday:  10:00 AM to 3:00 PM
       All four days 12:30 PM to 1:00 PM lunch break
       Participants should bring a bag lunch.
       (Drinks and snacks will be provided)

Dress: Participants should wear shorts and tennis shoes.

Location: Skyline College
          3300 College Drive
          Portable Classroom 3B
          San Bruno, CA 94066

Cost: $100.00 (includes athletic tape, elastic wraps, scissors and a camp t-shirt)
      Checks should be made payable to: Skyline College Sports Medicine

Contact: Jo Silken, ATC
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         Sports Medicine
         3300 College Drive
         San Bruno, CA 94063
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         (650) 738-4283