Skyline College Sports Medicine and the Golden State Warriors Basketball Team
Present the Third Annual

Sports Medicine Camp

Students or youth sports coaches interested in Athletic Training, Physical Therapy, Medicine, or other allied sports medicine professions may be interested in attending this camp. This camp is to introduce high school (9th-12th grades) or community college students and/or youth sports coaches to basic techniques for the care and prevention of athletic injuries. (Registration priority will go to high school students if camp reaches limit of 30 participants)
Participants will learn basic injury assessment techniques, basic taping and wrapping and proper stretching and strengthening techniques for prevention of injuries to athletes.

Staff:
Jo Silken, ATC  Head Athletic Trainer Skyline College, USA Wrestling
Tom Abdenour, ATC  Head Athletic Trainer Golden State Warriors Basketball
Stacey Kofman, ATC  Head Athletic Trainer, Palo Alto High School
Other staff TBA

Dates:  Monday, July 21 to Friday July 25, 2008

Times:
9:30 AM to 11:30 AM  Lectures and Labs
11:30 AM to 12:30 PM  Lunch break and social with athletic trainers from various work settings (college, high school, clinic and professional)
Participants should bring a bag lunch.
( Drinks and snacks will be provided)
12:30 PM to 2:30 PM  Lectures and Labs
2:30 PM to 3:30 PM  Optional Lab Practice Time

Dress:  Participants should wear shorts and tennis shoes.

Location:  Skyline College
3300 College Drive
Portable Classroom 3B
San Bruno, CA 94066

Cost:  $100.00 (includes athletic tape, elastic wraps, scissors and a camp t-shirt)
Checks should be made payable to: Skyline College Sports Medicine

Registration:  Registration form available at Skyline College web site at faculty web page for Jo Silken
Contact:  Jo Silken, ATC
Skyline College
Sports Medicine
3300 College Drive
San Bruno, CA 94063
silken@smccd.net or (650) 738-4283